



## Corona virus in Germany the correct behavior protects

**Citizen's phone: 03834 8760-2300**

### **Behavior in the administrations**

1. If you need to clarify a matter/ problem in one of the administrations of the district of Vorpommern-Greifswald, do not go there personally.
2. Call: 03834 8760-0
3. Clarify whether you can clarify your concerns/matters/problems by letter, e-mail or by phone
4. If a personal conversation is unavoidable, keep your distance - at least 1.5m - from the employee.
5. If you do not know how to resolve your concerns, call the citizens' phone: 03834 8760-2300

### **Hygiene schützt**

- Sneeze or cough in the crook of your arm or in a handkerchief - and then throw it in a trash with a lid.
- Keep your hands away from your face - avoid touching your mouth, eyes or nose.
- Keep a sufficient distance from people who have a cough, runny nose or fever, due to the ongoing flu and cold wave.
- Avoid touching (eg shaking hands or hugs) when greeting or saying goodbye to other people.
- Wash your hands regularly with water and soap for a sufficient period of time (at least 20 seconds) - especially after cleaning your nose, sneezing or coughing.

### **Behavior in case of disease symptoms and suspected corona**

1. Do not go to your family doctor in person!
2. Always call first and describe your symptoms of the disease!
3. If you have been in a risk area in the past 14 days, inform your family doctor.
4. If you experience severe symptoms such as high fever, dry cough and difficulty by breathing, call the emergency services (112) and tell them that you suspect you have Corona